



## NOBF REQUIREMENTS FOR MICHIGAN'S SPORTS CONCUSSION LAW

Whether you are a coach, player, or parent you need to understand how to keep players safe in our sport. Sports-related concussions – in all sports – cannot be eliminated, but we can all do our part to minimize the risk. Keeping our players safe is now the law!

A concussion is a brain injury, caused by a blow, bump or jolt to the head that can have serious consequences. It can occur in any sport or recreational activity. (Centers for Disease Control and Prevention). The sports concussion legislation requires all coaches, employees, volunteers, and other adults involved with a youth athletic activity to complete a concussion awareness on-line training program. Therefore, all volunteer coaches, officials, and employees of NOBF **MUST** watch this 30 minute video on Concussion Awareness and supply the league with their named certificate of completion prior to participating in any NOBF event.

To view the video, [click here](#)

- - Therefore, all parents or guardians who have signed their child up to participate in any NOBF event **MUST** read and sign a Parent & Athlete Concussion Awareness Sheet and turn it in to their coach. NOBF requires that you certify to us, on the Coaches/Manager's Registration Form, that you will comply with the Michigan Concussion Legislation and will obtain and retain keep these records as the law requires.

- - To view and print out this document, [click here.](#)
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The law also requires immediate removal of an athlete from physical participation in an athletic activity who is suspected of sustaining a concussion. The athlete must then receive written clearance from an appropriate health professional before he or she can return to physical activity. Therefore, if any coach,

official, or league director feels that a concussion may have taken place, the participant in question, will be immediately removed from play and may not return to play until written clearance from a health professional has been received and approved by the league office. These requirements and forms should be administered and retained by the team.

- **To print out the Medical Clearance Form, [click here.](#)**

References:

- Concussion bill 5697
- Concussion bill 1122

Here are links to additional concussion materials to keep on hand.

- Concussion Fact Sheet For Parents, [click here.](#)
- Concussion Fact Sheet For Coaches, [click here.](#)
- Concussion Fact Sheet For Athletes, [click here.](#)